

## Facilities

Located in the forests of scenic Tahoe California, Sierra Dance Camp is a very special training center. In a ballroom built in the woods, high level dance skills are available to all levels of dancers.

Jeffrey Lynn also teaches at Never Enough Ballroom, located at 2700 S. Virginia Street in Reno, Nevada (across from the Peppermill).

## Location & Driving Directions

### Traveling From The East

2nd exit, 89 North toward Sierraville.

### Traveling From The West

Truckee has two 89 exits. The 2nd exit is South to Tahoe city, Squaw Valley, Alpine. **Do not take this exit**, you want 89 North. Take the 4th exit, 89 North toward Sierraville.

### Travel 4.45 mi.

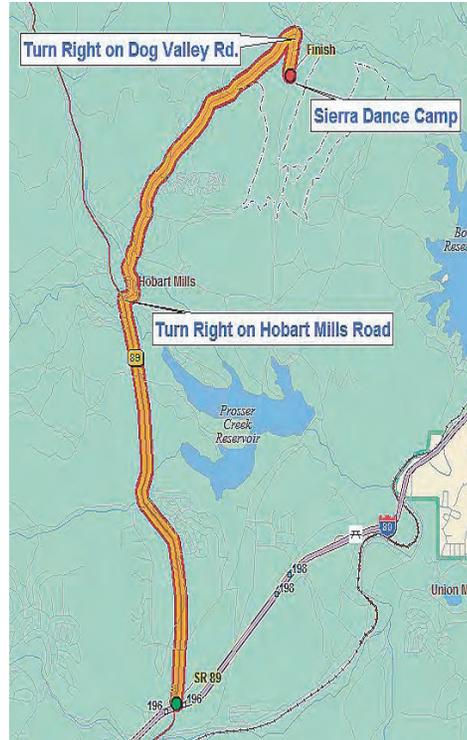
Turn right on Hobart Mills Road. Turn to the left at the T, right is a dead end. You will begin to see signs saying 4 miles to Russell Valley. Stay on Hobart Mills and follow the signs. Hobart Mills Dead Ends at Dog Valley Road. Turn right.

### Go 1.1 miles.

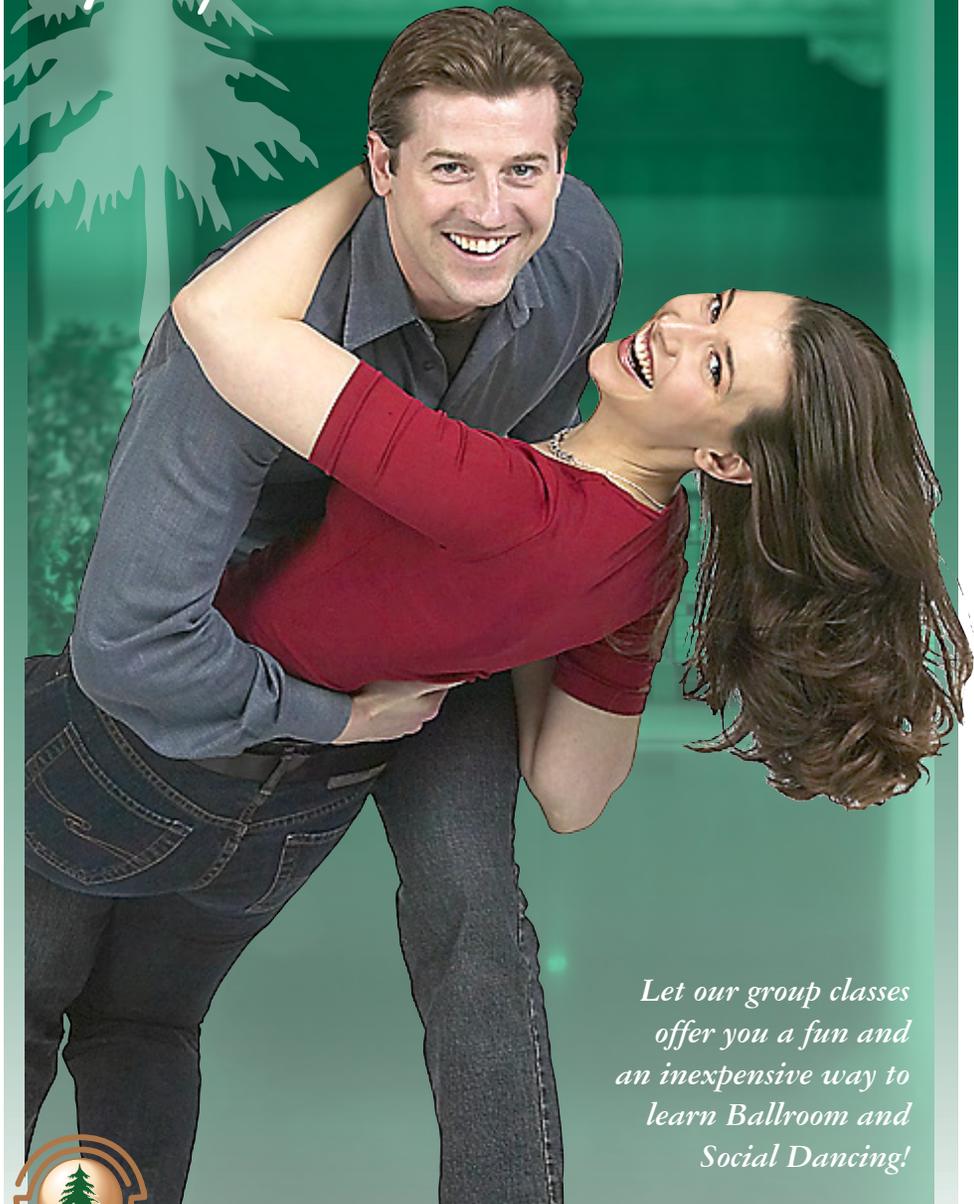
Drive way is on the left with a white post with address number 16661. Drive down the drive slowly, there is parking at the bottom. You will see the house.

**Just come right in, the dogs will think you're a stranger if you knock.**

*Please Note: DO NOT rely on your car's GPS system. There are several sections of Dog Valley Road and GPS is not up-to-date.*



# Sierra Dance Center Group Classes Starter Kit



*Let our group classes offer you a fun and an inexpensive way to learn Ballroom and Social Dancing!*



P.O. Box 34043 ::: Truckee, CA 96160-34043 ::: 530-582-4589 phone  
530-320-7889 mobile ::: [www.SierraDanceCenter.com](http://www.SierraDanceCenter.com) ::: [SierraDanceCamp@aol.com](mailto:SierraDanceCamp@aol.com)

*Thank you for choosing us!*



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## Introduction

Welcome! Group Classes are a wonderful and more budget-friendly way to learn the skills of Ballroom and Social Dancing. Interacting with others will help you to learn quickly, as well as making new friends. No partner is necessary, but feel free to bring your friends.

## What Makes Us Different

Our focus is to train you from the inside out, using Natural Laws of motion to improve balance, alignment, centering and dynamic movement. We use creative techniques to optimize and improve your personal technique and understanding of dynamic movement and partnership.

You will not find any other dance center that teaches you the way we do. Sierra Dance Center was founded by Jeffrey Lynn, a dance champion in many dance disciplines who has been teaching dance for 30 years. Starting out as a figure skater when she was young, she wanted to figure out a way to make dancing feel as if she was gliding on ice. Studying from world champion dancers she learned how the Natural Laws of Motion work within the body to make dancing as second nature as breathing. Her unique methods are only available to you here at Sierra Dance Center.

In our Group Classes these techniques are available to students of all levels. Each class will teach two dances and review the previous dances learned. Let her help you discover how to use your body the way it is meant to be used.

## Pricing

**Group Classes: \$40 for series of 4 classes**

**Private Lessons** are also available at the following rates:

# of Lessons Paid in Advance	Cost per 50 min lesson
1-9	\$70/hour
10+	\$65/hour

**Coming Soon: One-Day Dance Camps!** Perfect for the beginner looking to improve their dancing quickly. Check out our website for more information.

## Things you'll need

Here are a few things that will help you as you begin on your journey:

### Shoes

We recommend that you purchase a good pair of dance practice shoes. Please ask us for our recommended retailers. If you are not able to purchase dance shoes right away a good pair of dress shoes for men, or low heels with closed backs for ladies will get you started.

### Classes

Each class is 50 minutes long. We will teach two dances per class with a section for review of previous dances learned, and go at a pace that is comfortable for you to learn. With our innovative techniques however, you will find that you will learn much faster than you had anticipated! No partner necessary.

### Dance Camp

From time to time beginner one-day camps are available. As your level increases you will be invited to experience a higher level camp. Please ask us for more details.

*Please feel free to contact us at any time with any questions you may have, and to let us know how you are enjoying learning this new skill.*

